

4

YOU

OUT

THERE

2



60%
of Remote First Nations People
suffer from a
Long Term
Chronic Illness



Diabetes

11.1%

Asthma

17%

Obesity

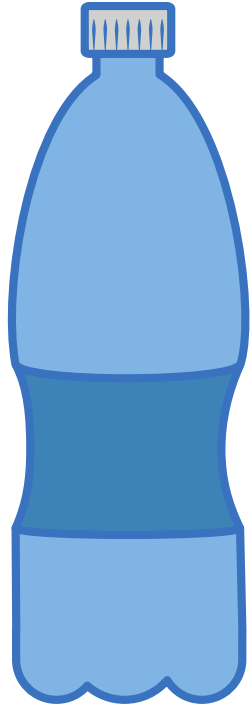
38.2%

Cancer

57%

Believe it or not ...

Plastic Bottle can cause these health issues



Plastics can produce

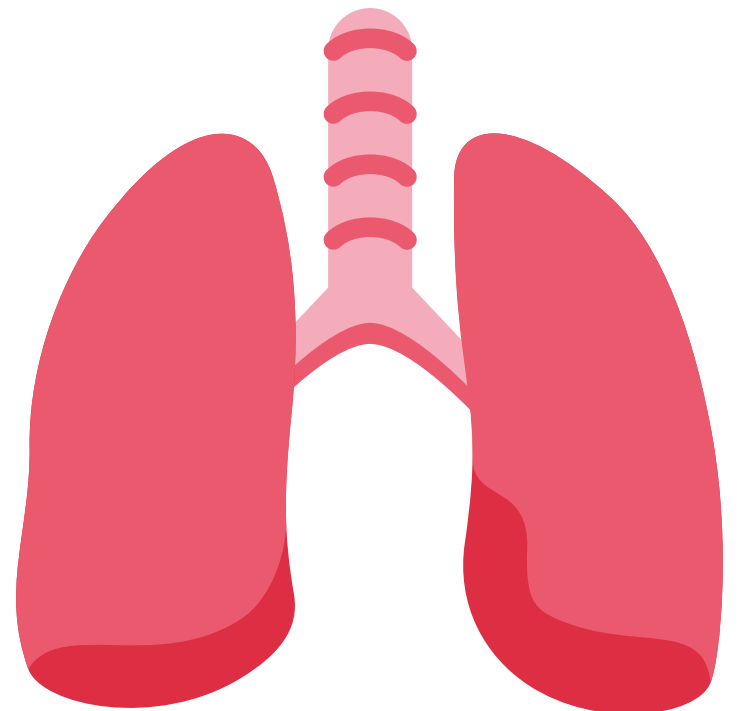
Mirco - Plastics

that can be under
5mm in length

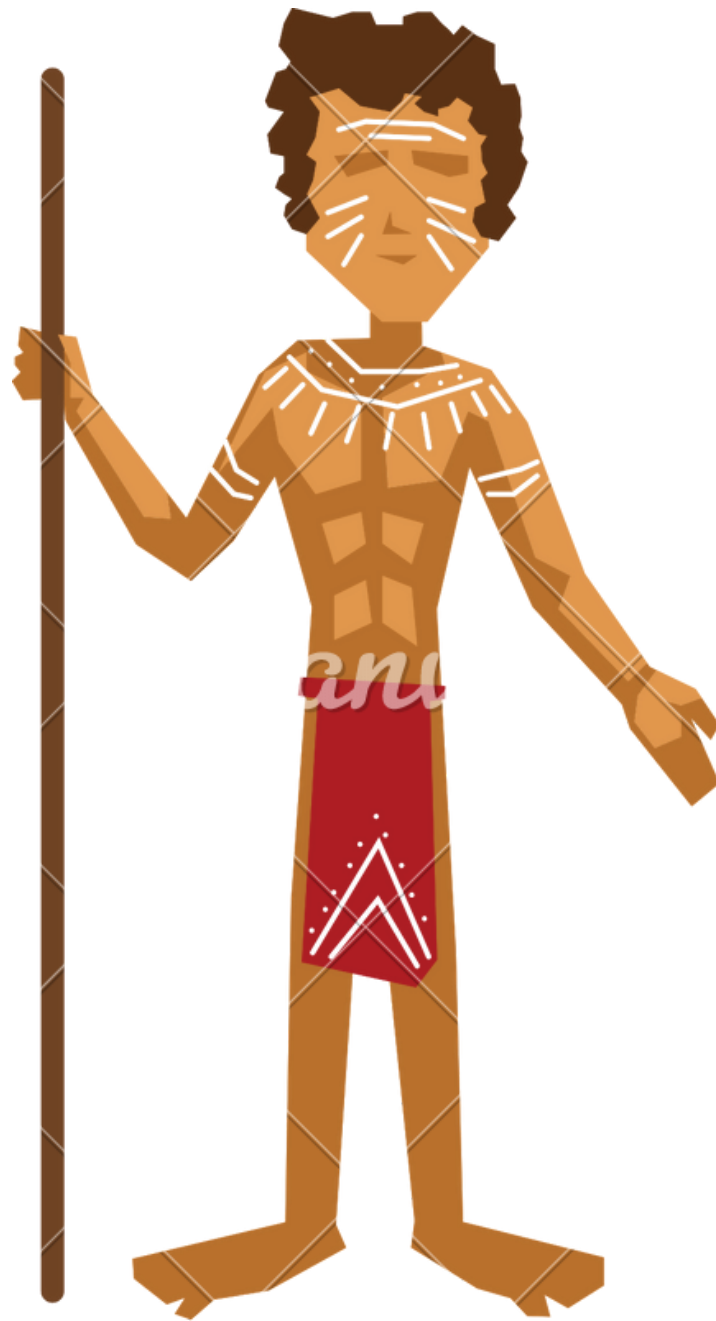
These can get into our **gut**
and **lungs**

and penetrate our **blood**
and **organs**

causing mass health issues



Plastic doesn't just affect the **land**



It hurts **YOU 2!**



**YES...
YOU ALL THE WAY OUT
THERE !**

4 YOU OUT THERE 2

is an initiative for
Remote First Nations People
that aim to better health ...

*... even in the smallest way
possible*



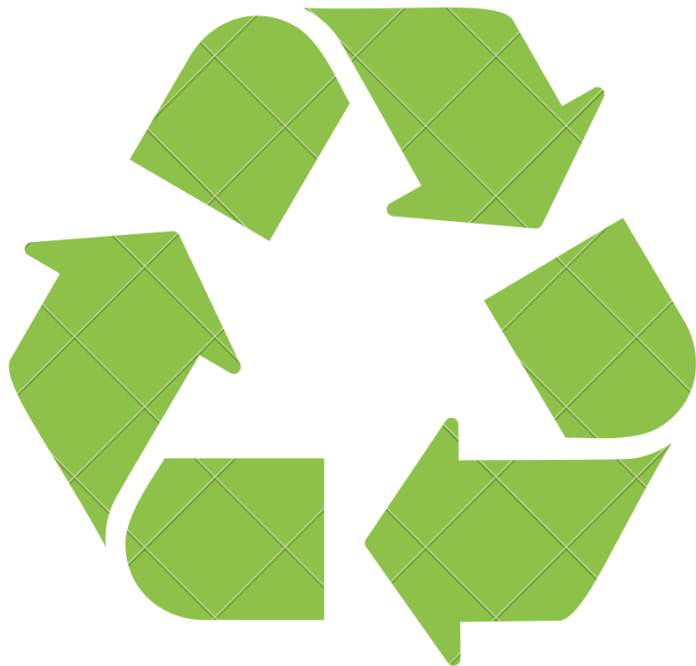
**Recycling *your* plastic can reduce
the exposure of micro - plastics,
and therefore increase *your*
health!**



So ...

**Next time you use a
plastic bottle.**

Choose Recycle



**Not just for the land,
But for YOU
All the way out there**



Project Plastic & Human Health by the Minderoo Foundation

Visit <https://www.minderoo.org/plastics-and-human-health/>

for more information